



## **CIEE Amsterdam, Netherlands**

<b>Course title:</b>	Dutch Public Health
<b>Course code:</b>	PUBH 3001 NETH
<b>Programs offering course:</b>	Business and Culture, Social Sciences and Humanities
<b>Language of instruction:</b>	English
<b>U.S. semester credits:</b>	3.00
<b>Contact hours:</b>	45.00
<b>Term:</b>	Fall 2023

### **Course Description**

The Netherlands, as many other Western countries, is facing today's challenges of rising health care costs and an ageing population. In this course students will develop a better understanding of the Dutch approach to norms and standards in today's public health and health care system. The course will touch upon culturally sensitive issues such as euthanasia, public insurance, and home birth, as well as global issues such as elderly care and children's health. Through a series of thematic lectures, including guest lectures from professionals in the field, and guided site visits, students will be able to place these challenges in the specific context of the Netherlands, while also critically analyzing and comparing both the health care challenges and outcomes to those of other countries (chiefly, the United States and neighboring European countries).

### **Learning Objectives**

By completing this course, students will:

- Demonstrate an in-depth understanding of the current structure and the historical evolution of the Dutch health care system and its principal stakeholders;
- Outline and critically assess the differing public policy approaches on health care policy that characterize both the Dutch health care system and its analogues in the United States and select European countries;
- Formulate informed and policy-based evaluations of the Dutch approach to specific health care concerns (ranging from euthanasia and abortion to women's and children's health and obesity);
- Articulate clearly the principal challenges that face both the Dutch and American health care systems, both currently and in the future, and weigh the efficacy of proposed health care solutions.

### **Course Prerequisites**

None

### **Methods of Instruction**

- The course meets every weekday for a total of 11 weeks
- Each theme will include a two-hour introductory lecture. Some of these lectures will be supplemented with guest speakers who are professionals in that specific field or a group guided site visit or group project related to that specific theme.
- At the end of the course all students will take a final exam.
- The course is worth 3 US credits (4.5 quarter hours).

The last lecture of the course will be a summary of all the themes discussed in order to help students understand how all of the topics are interrelated.

Your performance in this course will be graded in accordance with the CIEE course grading scale and rubric adopted for all CIEE courses, both of which are posted in Canvas.

### **Assessment and Final Grade**

2.	Presentation	20%
2.	Paper 1	20%
3.	Paper 2	20%

4.	Final Exam	30%
5.	Participation	10%
	TOTAL	100%

## **Course Requirements**

### **Presentation**

The course encourages students to do presentations through the eyes of the discipline in which they are majoring. For example, if a student is discussing the theme of drugs: the sociology major could approach the issue by looking at the reasons that addicts as a social group resort to drug abuse. The psychology major could approach this by looking at the effects of drug abuse on the individual and the psychological effects.

Students must conduct a fifteen-minute presentation on a public health theme of their own choice and may use other audiovisual equipment such as a film if this a way the student is used to expressing himself/herself. Examples of topics that may be covered within the presentation are the effectiveness of the policies or the effect they have on the image of Amsterdam.

### **Paper 1**

### **Paper 2**

During the course students have to complete two papers about public health in general, in the context of the discipline students are majoring in. The papers must be 1,500 words in length and must contain a list of references of at least three scientific sources.

### **Final Exam**

The final exam will test students' cumulative understanding of the Dutch health care system by asking them to produce cogent and well-structured responses to four essay-length questions that together cover the principal subjects discussed in class.

### **Participation**

Each student is required to attend all sessions of the course and to participate actively in class discussions and during guided site visits.

Students who make active connections to the concepts from the reading materials in class discussions, students who actively ask questions, and students who actively reflect on out-of-class experiences in class will receive extra points for participation. Participation points will be deducted when students do not participate in class or have not read the assigned reading materials before coming to class.

Since we will be discussing culturally sensitive issues in class, the classroom must be a safe space in which students are able to express their opinions openly. Discriminatory comments or language of any kind will not be tolerated.

## **Attendance**

To encourage engaged learning, regular class attendance is required throughout the program. This includes any required co-curricular class excursion or event, as well as internship, service-learning, or other required field placement.

An excused absence in a CIEE course will only be considered if approved by a CIEE Center Director/Academic Director (not the Instructor), and:

- it is a self-certified absence for illness (only once per course, requires formal request before or within 24 hours, cannot miss assessment worth more than 5% of final course grade)
- a doctor's note from a local medical professional is provided
- evidence of a family emergency is provided
- it is a pre-approved observance of religious holiday

Unexcused absences include personal travel and/or travel delays, as well as missing more than 25% of a single class period (including tardiness and early departure). Assessments missed due to unexcused absences will be marked as zero. Students with over 10% unexcused absences will be contacted by CIEE staff. Students with over 20% unexcused absences will be contacted by CIEE staff, receive a formal warning letter (shared with their home institution) and lose 10% of the final course point total (e.g., a final A grade of 93% will be lowered to a B grade of 83%).

For more detail, please consult your CIEE Academic Manual.

## **Academic Integrity**

Academic integrity is essential to a positive and inclusive teaching and learning environment. All students are expected to complete coursework responsibilities with fairness, respect, and honesty. Failure to do so by seeking unfair advantage over others or misrepresenting someone else's work as your own can result in grade penalties or disciplinary action. See the CIEE Student Academic Manual for further information on academic integrity.

***N.B. Course schedule and co-curriculars are subject to change. The final duration and distribution of content and assignments will be determined and presented to students at the onset of the course.***

## **Weekly Schedule**

### **Week 1**

Class: 1.1 Introduction and History of Dutch Public Health; Evolution of the current system

Class: 1.2 Guest lecture: Public health in transition: politics, costs and health insurance

### **Week 2**

Class: 2.1 Dutch health system vs the rest of the world

Class: 2.2 Guest Lecture: Migrants experience and health in the Netherlands

### **Week 3**

Class: 3.1 Politics of health: WTO/TRIIPS and Dutch health care

Class: 3.2 Sex work in the Netherlands, a model for the world?

### **Week 4**

Class: 4.1 Social determinants of health

### **Week 5**

Class: 5.1 Human rights approach to health (the Dutch vs the rest of the world)

Class: 5.2 Euthanasia

### **Week 6**

Class: 6.1 Neoliberalism and health, how has it affected the Netherlands vs the world

### **Week 7**

Class: 7.1 Obesity and nutrition and the Netherlands' situation

Class: 7.2 Mental health

### **Week 8**

Class: 8.1 Aging and elderly care in the Netherlands

Class: 8.2 Sex work in the Netherlands vs the rest of the world

### **Week 9**

Class: 9.1 Recreational drug use

Class: 9.2 Guest lecture: Psychiatrist from the GGD and Netherlands Drug Policy Foundation

**Week 10**

Class: 10.1 Antibiotics in the Netherlands

Class: 10.2 Conclusion, revision and exam preparations

**Week 11**

Class: 11.1 Presentation (part one)

Class: 11.2 Presentation (Part two)

**Week 12**

Class: 12.1 Final exam

**Course Materials****Readings**

The course will use a compilation of articles and statistics taken from academic articles and other journalistic sources (together referred to as the course reader). These articles will be uploaded to Canvas.

All reading materials will be uploaded to Canvas.